

## Week Four: Mark 4

"No Storm is a Match for Jesus"

Reading and Study Guide for the week of May 7-14, 2023

**Memory Verse for the Gospel of Mark:** Jesus called the crowd to him along with his disciples and said: "If anyone would come after me, he must deny himself and take up his cross and follow me." (Mark 8:34)

This week, read Mark 4. On Sunday, May 14, Pastor John will preach on the theme, "No Storm is a Match for Jesus" (Mark 4:35-41). Jesus slept through the storms that terrified the disciples. No situation is so great that Jesus can't handle it.

## Some questions to answer and think about this week with your family or Community Group:

- 1. How do you tend to handle stress—thrive, panic, seek out distractions, procrastinate, etc.?
- 2. Where did Jesus and His disciples go? How? (4:35-36)
- 3. Why did the disciples take Jesus along "just as He was"? (4:36)
- 4. What emergency situation arose? (4:37)
- 5. Why were the disciples surprised with Jesus? (<u>4:37-38</u>)
- 6. Why did Jesus rebuke His disciples? (<u>4:40</u>)
- **7.** What have been some of the "storms" in your personal life? What "storms" or difficulties are you going through right now?
- 8. How can you trust more completely in the power and authority of Jesus?
- **9.** How can you trust God this upcoming week with situations that get out of control or seem hopeless?

## Life Application Bible Notes

**<u>4:35-38</u>** The "lake" is the Sea of Galilee, a body of water 680 feet below sea level and surrounded by hills. Winds blowing across the land intensify close to the sea, often causing violent and unexpected storms. The disciples were seasoned fishermen, who had spent their lives fishing on this huge lake, but during this squall they panicked.

**4:37** Problems occur in every area of life. The disciples needed rest, but they encountered a terrible storm. The Christian life may have more stormy weather than calm seas. As Christ's follower, be prepared for the storms that will surely come. Do not surrender to the stress, but remain resilient and recover from setbacks. With faith in Christ, you can pray, trust, and move ahead. When a squall approaches, lean into the wind and trust God.

**<u>4:41</u>** The disciples lived with Jesus, but they underestimated him. They did not see that his power applied to their very own situation. Jesus has been with his people for 20 centuries, and yet we, like the disciples, underestimate his power to handle crises in our lives. The disciples did not yet know enough about Jesus. We cannot make the same excuse.

## Mark Study Guide questions and notes are from

