



Week Four: John 6:26-40
“The Bread of Life”

Study Guide for the week of
October 3, 2021

*(next week, October 10, “Light of
the World,” John 8:12-20)*

Read John 6:26-40. Some questions to answer and discuss:

1. How do people attempt to satisfy their need to feel secure and significant in life?
2. Why did the crowd seek Jesus? ([6:26](#))
3. What did Jesus say would be the result of coming to Him? ([6:35](#))
4. What things do we seek from Jesus?
5. In what way has Jesus satisfied your hunger and thirst for acceptance and meaning in life?
6. What can you do today to rely on God, rather than on things or people, to satisfy your needs?

Going deeper: More questions for discussion and reflection:

1. Write down a list of the things that you enjoy and are thankful for. Then, ask God, yourself, and those closest to you if those things lead you toward or away from worship of Jesus. Share your conclusions with your family or community group.
2. How is God’s grace better and more surprising than we have even dared to hope? How can we help one another grow in appreciating God’s grace?
3. How is God’s grace our only true hope of “making it” to the end?

Prayer Points

1. Pray that we would increasingly find our ultimate joy and satisfaction in Jesus.
2. Pray for opportunities to share the bread of life with those who have yet to come to Jesus.

Life Application Bible Notes

6:26 Jesus criticized the people who followed him only for the physical and temporal benefits and not for the satisfying of their spiritual hunger. Many people use religion to gain prestige, comfort, or even political votes. But those are self-centered motives. True believers follow Jesus simply because they know he has the truth and his way is the way to live.

6:28, 29 Many sincere seekers for God are puzzled about what he wants them to do. The religions of the world are people's attempts to answer this question. But Jesus' reply is brief and simple: We must believe on him whom God has sent. Satisfying God does not come from the work we *do*, but from whom we *believe*. The first step involves accepting that Jesus is who he claims to be. All spiritual development is built on this affirmation. Declare to Jesus, "You are the Messiah, the Son of the living God" ([Matthew 16:16](#)), and embark on a life of belief that is satisfying to your Creator.

6:35 People eat bread to satisfy physical hunger and to sustain physical life. We can satisfy spiritual hunger and sustain spiritual life only by a right relationship with Jesus Christ. No wonder he called himself the bread of life. But bread must be eaten to sustain life, and Christ must be invited into our daily walk to sustain spiritual life.

6:37, 38 Jesus did not work independently of God the Father, but in union with him. This should give us even more assurance of being welcomed into God's presence and being protected by him. Jesus' purpose was to do the will of God, not to satisfy Jesus' human desires. When we follow Jesus, we should have the same purpose.

6:39 Jesus said he would not lose even one person whom the Father had given him. Thus, anyone who makes a sincere commitment to believe in Jesus Christ as Savior is secure in God's promise of eternal life. Christ will not let his people be overcome by Satan and lose their salvation (see also [17:12](#); [Philippians 1:6](#)).

6:40 Those who put their faith in Christ will be resurrected from physical death to eternal life with God when Christ comes again (see [1 Corinthians 15:52](#); [1 Thessalonians 4:16](#)).

Gospel of John Study Guide questions and notes are from